

## WEAK KIDNEYS MEAN A WEAK BODY

When you're fifty, your body begins to creak a little at the hinges. Motion is more slow and deliberate. "Not so young as I used to be" is a frequent and unwelcome thought. Certain bodily functions upon which good health and good spirits so much depend, are impaired. The weak spot is generally the bladder. Unpleasant symptoms show themselves. Painful and annoying complications in other organs arise. This is particularly true with elderly people. If you only know how, this trouble can be obviated.

For over 200 years GOLD MEDAL Haarlem Oil has been relieving the inconvenience and pain due to advancing years. It is a standard, old-time home remedy, and needs no introduction. It is now put up in odorless, tasteless capsules. These are easier and more pleasant to take than the oil in bottles.

Each capsule contains about one dose of five drops. Take them just like you would any pill, with a small swallow of water. They soak into the system and throw off the poisons which are making you old before your time. They will quickly relieve

those stiffened joints, that backache, rheumatism, lumbago, sciatica, gall stones, gravel, "brick dust," etc. They are an effective remedy for all diseases of the bladder, kidney, liver, stomach and allied organs.

GOLD MEDAL Haarlem Oil Capsules cleanse the kidneys and purify the blood. They frequently ward off attacks of the dangerous and fatal diseases of the kidneys. They have a beneficial effect, and often completely cure the diseases of the bodily organs, allied with the bladder and kidneys.

If you are troubled with soreness across the loins or with "simple" aches and pains in the back take warning, it may be the preliminary indications of some dreadful malady which can be warded off or cured if taken in time.

Go to your druggist today and get a box of GOLD MEDAL Haarlem Oil Capsules. Money refunded if they do not help you. Three sizes. GOLD MEDAL are the pure, original imported Haarlem Oil Capsules. Accept No Substitutes.—Adv.

## Watch Your Stomach In the Summer Time

Hot summer days upset the strong stomachs as well as weak ones.

Your vital forces reach their lowest level when the weather is the hottest. Then the danger is the greatest.

You can't guard your stomach and bowels too carefully through the long, hot season. Don't take any chance. Indigestion, sour stomach, that wretched, bloated feeling, belching, food repeating, pains that claw at stomach and bowels and an endless train of stomach ills that make life miserable are greatly aggravated in the hot weather.

This year of all others—it is vital that we keep our strength and full power at work. The extra war work, change of diet—all must be looked after because they hit us in the stomach. And now

it is good news to tell you that tens of thousands are now using EATONIC—for all stomach and bowel ailments caused by too much acidity with such truly wonderful results that every one should always have it in the house.

EATONIC Tablets stop the cause of indigestive and dyspeptic ailments by neutralizing the poisonous fluids, acids and gases largely the result of superacidity. This makes the stomach pain-free and ready to perform its proper work.

You can have a good appetite in hot weather to eat the things you like when you want them if you take one or two EATONIC Tablets after each meal. Such quick, wonderful relief would seem unbelievable but for the fact that thousands of sufferers everywhere have received marvelous results from EATONIC. Obtain a large box of EATONIC Tablets from your own druggist who you know and can trust. If they fail, go back to him and he will gladly refund your money. Do this today. You will then know what real stomach comfort means in hot weather.

The only satisfactory way to get out of a love affair is to keep out of it before you are pulled into it.

Even after a man reaches his bottom dollar he usually has something left to build hopes upon.



## Fresh Beef Travels on a Rapid Schedule

Fresh beef for domestic markets goes from stockyards to retail stores within a period of about two weeks. Although chilled, this meat is not frozen; hence it cannot be stored for a rise in price.

A steer is dressed usually within twenty-four hours after purchase by the packer. The beef is held in a cooler at the packing house, at a temperature a little above freezing, for about three days.

It is then loaded into a refrigerator car where a similar temperature is maintained, and is in transit to market on an average of about six days.

Upon arrival at the branch distributing house, it is unloaded into a "cooler", and placed on sale.

Swift & Company requires all beef to be sold during the week of arrival, and the average of sales is within five days.

Any delay along the above journey means deterioration in the meat and loss to the packer.

Swift & Company, U.S.A.

IMPROVED UNIFORM INTERNATIONAL

## SUNDAY SCHOOL LESSON

(By REV. P. B. FITZWATER, D. D.,  
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Bible Institute of Chicago.)  
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Union.)

### LESSON FOR AUGUST 4

#### GROWING STRONGER.

LESSON TEXTS—Luke 2:42-52; II Peter 1:5-8.  
(MAY BE USED WITH TEMPERANCE APPLICATIONS.)

GOLDEN TEXT—But the path of the righteous is as the dawning light, that shineth more and more unto the perfect day.—Proverbs 4:18.

DEVOTIONAL READING—Ephesians 6:10-18.

PRIMARY LESSON MATERIAL—Luke 2:42-52.

INTERMEDIATE, SENIOR AND ADULT TOPIC—The kind of strength we need: getting it; using it.

ADDITIONAL MATERIAL—Isaiah 40:29-31; Ephesians 3:14-21; Philippians 4:8-13.

I. Jesus Christ Growing (Luke 2:42-52).

While Christ was indeed divine, his deity did not interfere with his development as a human being. The processes of his physical, mental, and spiritual growth were the same as those of any human being.

1. Jesus tarrying behind at Jerusalem (vv. 42, 43).

At the age of twelve a Jewish child took his place as a worshipper in the temple. He was considered a "child of the law." Being conscious of his mission, when Joseph and his mother were returning from attendance at the Passover, he tarried behind to enter the temple and inquired into the meaning of the ordinances of God's House. He had an alert, eager mind, which inquired after the truth, especially the truth concerning his Father's House. His heart yearned after his Father.

2. Jesus found in the temple (vv. 44-50).

When Joseph and Jesus' mother had gone some distance on their return journey they perceived that Jesus was missing, and sought him among their kinsfolk and acquaintance. Not finding him there, they turned back to Jerusalem where they found him in the temple.

(1) He was "sitting" (v. 46) showing that he was no passing visitor or sightseer. He was perfectly at home in his Father's House.

(2) He was "hearing" the teachers of God's Word (v. 46). This shows he was eager to learn God's will.

(3) He asked questions (v. 46). The growing mind is inquisitive. It more than receives that which is taught; it inquires after.

(4) He answered questions (v. 42). His answers showed great wisdom. It was not an exhibition of his divine wisdom, but an expression of the workings of a perfect human mind suffused by the Holy Spirit.

3. Mary's complaint (vv. 48-50). She remonstrates with him for his behavior. He made no apology, showing that he was more than the son of Mary; God was his Father.

4. Jesus obedient (v. 51). Though he was conscious of his divine being and mission, he lived a life of filial obedience.

5. Jesus' development (v. 52). It was

(1) Mental—"Increased in wisdom."  
(2) Physical—"Stature."  
(3) Spiritual—"Favor with God and man."

II. Growth in Grace (II Peter 1:5-11).

This is not growth into grace, but growth in it. We get into grace by the new birth. This new nature which has its source in God must be developed in order that our lives be fruitful for God (v. 8), that they bear testimony to the cleansing power of Christ's blood (v. 9), and that we may have assurance of salvation (v. 10). The following are lines of growth:

1. "Virtue" (v. 5).

Virtue here means energy or courage. This is not "added" as in the Authorized Version, but as in the Revised Version which reads: "In your faith supply virtue." It means increase by growth, not by external junction. Faith is the root from which spring all these excellencies.

2. "Knowledge" (v. 5).

This means a right understanding, a practical knowledge.

3. "Temperance" (v. 6).

Temperance means self-control. This self-control extends to all the affairs of life. Practical knowledge will supply to itself the government of all appetites.

4. "Patience" (v. 6).

This means endurance. Having control of self within, there will be endurance of that without.

5. "Godliness" (v. 6).

This means piety, reverence for God, the submission of the human will to the will of God. This is a part of that practical knowledge which we are obliged to supply.

6. "Brotherly kindness" (v. 7).

Love of the brethren must be developed in godliness. The proof that one is godly is that he loves the brethren (I John 5:1). This means the special love of Christians for each other.

7. "Charity" (v. 7).

This is love. Peter's climax is reached in love. Out of faith, which is the root, springs this seven-fold fruit. In order to prevent apostasy, Peter calls all to be diligent in the development of these graces. All such shall endure.

## WILLIE FINALLY SAW LIGHT

But it Took Great Blow to Make Him Realize Why Everybody Hated the Kaiser.

It had been very difficult to impress little Willie with the seriousness of the war situation. He could not exactly understand why the people should all hate the kaiser so, but of course he hated him as a matter of principle because his father hated him, and his big brother hated him, and well, almost everybody else he knew hated him.

"But why, mother, do they hate him so awful much?" he would persist. The family couldn't explain it to him satisfactorily.

June came, and the close of school, and all was rosy for little Willie. Now he was looking forward to the Fourth of July.

But a few days before the great day a notice came around that there would not be any fireworks, not even torpedoes, or little mandarins, or "son-of-a-guns." This was awful news.

"Why not, mother?" he pouted.

"Well, you see the kaiser is getting all the powder in this country now, and we can't waste it."

Now little Willie sees why everybody hated the kaiser.

"I wish I was old," he concluded, "and then, beware old kaiser!"—Indianapolis News.

## LEMON JUICE TAKES OFF TAN

Girls! Make bleaching lotion if skin is sunburned, tanned or freckled

Squeeze the juice of two lemons into a bottle containing three ounces of Orchard White, shake well, and you have a quarter pint of the best freckle, sunburn and tan lotion, and complexion beautifier, at very, very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of Orchard White for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles, sunburn, windburn and tan disappear and how clear, soft and white the skin becomes. Yes! It is harmless.—Adv.

### Cause for Anxiety.

"Is it true that the Austrians are laboring under a tremendous nervous strain?"

"I presume so."

"On what do you base your conclusions?"

"The fact that food is scarce in Charles' dominions. If there is anything calculated to make a person nervous I should think it would be wondering where the next meal is coming from."—Birmingham Age-Herald.

### For Pimply Faces.

To remove pimples and blackheads smear them with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water. For free samples, address "Cuticura, Dept. X, Boston." At druggists and by mail. Soap 25¢, Ointment 25¢ and 50¢.—Adv.

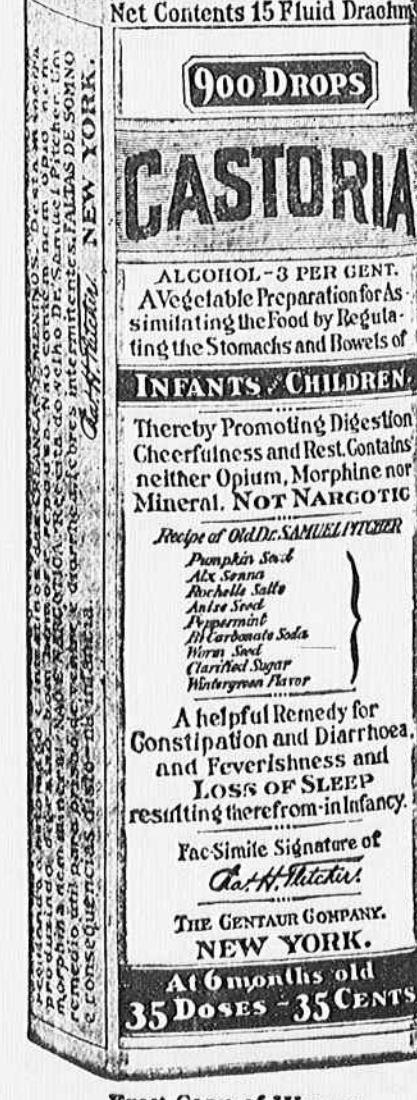
### The Result.

"How are you getting on in your hunt for a flat?"

"We are having a suite time."

Grove's Tasteless chill Tonic restores vitality and energy by purifying and enriching the blood. You can soon feel its strengthening, invigorating effect. Price 60¢.

Fortunate is the man who possesses a full set of good habits.



Exact Copy of Wrapper.

## Calomel Users! Listen To Me! I Guarantee Dodson's Liver Tone

Your druggist gives back your money if it doesn't liven your liver and bowels and straighten you up without making you sick.

Ugh! Calomel makes you sick. It's horrible! Take a dose of the dangerous drug tonight and tomorrow you may lose a day's work.

Calomel is mercury or quicksilver which causes necrosis of the bones. Calomel, when it comes into contact with your bile, crashes into it, breaking it up. This is when you feel that awful nausea and cramping. If you are sluggish and "all knocked out," if your liver is torpid and bowels constipated or you have headache, dizziness, coated tongue, if breath is bad or stomach sour, just try a spoonful of harmless Dodson's Liver Tone tonight.

Here's my guarantee—Go to any drug store and get a bottle of Dodson's Liver Tone for a few cents. Take a

spoonful and if it doesn't straighten you right up and make you feel fine and vigorous I want you to go back to the store and get your money. Dodson's Liver Tone is destroying the sale of calomel because it is real liver medicine; entirely vegetable, therefore it cannot salivate or make you sick.

I guarantee that one spoonful of Dodson's Liver Tone will put your sluggish liver to work and clean your bowels of that sour bile and constipated waste which is clogging your system and making you feel miserable. I guarantee that a bottle of Dodson's Liver Tone will keep your entire family feeling fine for months. Give it to your children. It is harmless; doesn't gripe and they like its pleasant taste.

## WINTERSMITH'S CHILL TONIC

SOLD FOR 50 YEARS  
For MALARIA,  
CHILLS and  
FEVER

Also a Fine General  
Strengthening Tonic.  
SOLD BY ALL DRUG STORES.

Gas masks for United States horses in France are being manufactured at the rate of 5,000 per day.

Grove's Baby Bowel Medicine aids digestion, relieves Sour Stomach, Diarrhoea and Flux. It is just as effective for Adults as for Children. Perfectly harmless.

Life is worth living a great deal better than most of us live it.

Frugal Swain.

There was just a little hesitation on the girl's part whether the engagement should be announced at once.

"Let it be now," her lover pleaded, "and help me to save the luxury tax on the ring."—London Tit-Bits.

W. N. U., CHARLOTTE, NO. 31-1918.

## The Malaria Mosquito

A mosquito cannot communicate malaria unless it is infected with malaria. The bite of a malaria mosquito will transmit malarial parasites to the blood of a person and these malarial parasites which feed on the blood should be destroyed before they have time to increase in numbers. Malarial Fever is sometimes called Chills and Fever, Bilious Fever and Swamp Fever.

## Grove's Tasteless chill Tonic

possesses the power to entirely neutralize the malarial poison. The Quinine in GROVE'S TASTELESS chill TONIC kills the germ and the Iron enriches the blood.

You can soon feel the Strengthening, Invigorating effect of GROVE'S TASTELESS chill TONIC. It is an exceptionally good general strengthening tonic for the Child, for the Mother and all the Family. Pleasant to take. Price 60¢.

Perfectly Harmless. Contains No Nux-Vomica or other Poisonous Drugs.

## Grove's chill Tonic Tablets

You can now get Grove's Tasteless chill Tonic in Tablet form as well as in Syrup, the kind you have always bought. The Tablets are intended for those who prefer to swallow a tablet rather than a syrup, and as a convenience for those who travel. The tablets are called "GROVE'S chill TONIC TABLETS" and contain exactly the same medicinal properties and produce exactly the same results as Grove's Tasteless chill Tonic which is put up in bottles. The price of either is 60¢.

## Children Cry For

## Fletcher's CASTORIA

### What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.